

PROFESSIONAL INFORMATION  
**PROBILIFT ACUTE (capsules)**  
**PROBILIFT DAILY (capsules)**

agera™

SCHEDULING STATUS: **SB**

Proprietary Name and Dosage Form:

**PROBILIFT ACUTE (capsules)**

**PROBILIFT DAILY (capsules)**

COMPOSITION:

Active substances per capsule:  
1 billion CFU<sup>a</sup> probiotics consisting of a blend of:  
*Bifidobacterium lactis* Bl-04<sup>b</sup> 200 million CFU  
*Bifidobacterium longum* Bl-05<sup>b</sup> 150 million CFU  
*Lactobacillus acidophilus* La-24<sup>b</sup> 200 million CFU  
*Lactobacillus rhamnosus* Lr-23<sup>b</sup> 150 million CFU  
*Lactobacillus salivarius* Ls-33<sup>b</sup> 150 million CFU

\*CFU = Colony Forming Units

Inactive Ingredients:

Micrcycryllane cellulose and magnesium stearate

Preservative, sugar, flavouring and colourant free.

CATEGORY AND CLASS:

D 345 Probiotic

Complementary Medicine: Health Supplement

PHARMACOLOGICAL ACTION:

Probiotics are beneficial bacteria essential for improving intestinal health. Certain medications or disease states can affect microflora and therefore increase the risk and susceptibility of gut infections. PROBILIFT is a probiotic supplement specially formulated with 6 probiotic strains. By supplementing your diet with PROBILIFT, you can strengthen your barrier effect to keep you healthy. Probiotics can increase the levels of beneficial bacteria in the gut which can contribute to a more favourable environment to the growth of harmful bacteria. By introducing live probiotic cultures to the intestinal tract, the beneficial gut flora populations are increased and transient flora, including pathogenic gut bacteria, are not able to colonise the intestine.

INDICATIONS:

PROBILIFT, when ingested on a regular basis, should support or normalise the microbial balance in the human intestines and thereby support the functioning of the digestive tract.

CONTRAINDICATIONS:

PROBILIFT is contraindicated in persons who are hypersensitive to any of the ingredients.

WARNINGS AND SPECIAL PRECAUTIONS:

- If you are taking other medicines on a regular basis, including complementary or traditional medicines, consult your doctor, pharmacist or other healthcare professional for advice on using it with PROBILIFT.

EFFECTS ON THE ABILITY TO DRIVE AND OPERATE MACHINES:

No studies on the effect of PROBILIFT on the ability to drive or operate machines were performed. It is unlikely that PROBILIFT would affect the ability to drive or operate machines.

INTERACTIONS:

No known interactions.

HUMAN REPRODUCTION:

Pregnancy and lactation:  
If you are pregnant or breastfeeding your baby while taking PROBILIFT, please consult your doctor, pharmacist or healthcare professional for advice.

DOSAGE AND DIRECTIONS FOR USE:

Adults: Take one capsule daily, or as directed by your healthcare professional. If you are taking antibiotics, you may increase the dose to 1 capsule three times daily for the duration of the course of antibiotics and up to three days after the course is finished.

SIDE EFFECTS:

No side effects.

If any adverse reactions occur, please see your doctor, pharmacist or healthcare professional.

KNOWN SYMPTOMS OF OVERDOSE AND PARTICULARS OF ITS TREATMENT:

There are no known symptoms of overdose for PROBILIFT.

IDENTIFICATION:

PROBILIFT is opaque white gelatine capsules filled with a white to off-white powder.

PRESENTATION:

**PROBILIFT ACUTE:** 10 capsules packed in a PVD/alu/minium blister.

Each carton contains 1 blister strip.

**PROBILIFT DAILY:** 3 PVD/alu/minium blisters, each containing 10 capsules (30's).

Each carton contains 3 blister strips.

STORAGE INSTRUCTIONS:

Store at or below 25°C.

Protect from humidity and light.

Do not use after the expiry date stated on the label.

KEEP OUT OF SIGHT AND REACH OF CHILDREN.

REGISTRATION NUMBER: To be allocated upon registration.  
This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or its intended use.

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION:

Agera Health (Pty) Ltd

65 Broadmead Park

Tunney Meier Drive

Bellville

789 Bellville Road

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**PATIENT INFORMATION LEAFLET**

This unregistered medicine has not been evaluated by the South African Health Products Regulation Authority (SAHPRA) for its quality, safety or its intended use.

This medicine is not intended to diagnose, treat, cure or prevent any disease.

Complementary Medicines: Health Supplements.

SCHEDULING STATUS: **SB**

Proprietary Name and Dosage Form:

**PROBILIFT ACUTE (capsules)**

**PROBILIFT DAILY (capsules)**

Read all of this leaflet carefully because it contains important information for you.  
• This medicine is available without prescription. However, you still need to use PROBILIFT in accordance with the best results from it.  
• Keep dry. You may need to refrigerate it.  
• Do not share this medicine with any other person.  
• Ask your doctor or pharmacist if you need more information or advice.

1. WHAT PROBILIFT CONTAINS:

Each capsule contains:  
1 billion CFU<sup>a</sup> probiotics consisting of a blend of:  
*Bifidobacterium lactis* Bl-04<sup>b</sup> 200 million CFU  
*Bifidobacterium longum* Bl-05<sup>b</sup> 150 million CFU  
*Lactobacillus acidophilus* La-24<sup>b</sup> 200 million CFU  
*Lactobacillus rhamnosus* Lr-23<sup>b</sup> 150 million CFU  
*Lactobacillus salivarius* Ls-33<sup>b</sup> 150 million CFU

\*CFU = Colony Forming Units

The inactive ingredients are:

Micrcycryllane cellulose and magnesium stearate.

Preservative, sugar, flavouring and colourant free.

2. WHAT IS PROBILIFT USED FOR:

Probiofites are beneficial bacteria, essential for improving intestinal health. Certain medications or disease states can affect microflora and therefore increase the risk and susceptibility of gut infections. PROBILIFT is a probiotic supplement specially formulated with 6 probiotic strains. By supplementing your diet with PROBILIFT, you can strengthen your barrier effect to keep you healthy. Probiotics can increase the levels of beneficial bacteria in the gut which can contribute to a more favourable environment to the growth of harmful bacteria. By introducing live probiotic cultures to the intestinal tract, the beneficial gut flora populations are increased and transient flora, including pathogenic gut bacteria, are not able to colonise the intestine.

3. BEFORE YOU USE PROBILIFT:

Do not use PROBILIFT:

- If you are hypersensitive (allergic) to any of the listed ingredients

Consult your doctor or qualified healthcare practitioner before using this medicine if:

- You are taking other medicines on a regular basis, including complementary or traditional medicines

There are no known side effects to taking PROBILIFT with food and drink.

Pregnancy and Breastfeeding:  
If you are pregnant or breastfeeding your baby, please consult your doctor, pharmacist or other healthcare professional for advice before taking PROBILIFT.

Driving and using machinery:  
No studies on the effect on the ability to drive or use machinery have been performed. It is unlikely that PROBILIFT would affect your ability to drive or use machinery.

Using other medicines with PROBILIFT:  
Always tell your healthcare professional if you are taking other medicines on a regular basis, including complementary or traditional medicines.

**4. HOW TO USE PROBILIFT**  
For oral use only  
Take one capsule daily, or as directed by your healthcare professional. If you are taking antibiotics, increase the dose to one capsule three times daily for the duration of the course and take it at least two days after the course is finished.  
**5. IF YOU TAKE PROBILIFT FOR HOW LONG**  
Take one capsule daily, or as directed by your healthcare professional. If you are taking antibiotics, increase the dose to one capsule three times daily for the duration of the course and take it at least two days after the course is finished.  
**6. HOW TO TAKE PROBILIFT**  
Always take PROBILIFT as prescribed. If you miss a dose, take it as soon as you remember. If you do not remember the missed dose until the next dose is due, skip the missed dose and go back to your regular dosing schedule (see "HOW TO TAKE PROBILIFT").  
**7. IF YOU HAVE ANY QUESTIONS, OR ARE WORRIED ABOUT ANYTHING, PLEASE ASK YOUR DOCTOR, PHARMACIST OR QUALIFIED HEALTHCARE PRACTITIONER.**

**8. POSSIBLE SIDE-EFFECTS**  
There are no known side effects of PROBILIFT.  
Not all side effects reported for PROBILIFT are included in this leaflet. Should you general health worsen or if you experience any unusual effects while taking this medicine, please consult your doctor, pharmacist or other healthcare practitioner about them.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

**9. STORING AND DISPOSING OF PROBILIFT:**  
• Store at or below 25°C  
• Store away from light  
• Store in a dry place  
• Do not use after the expiry date stated on the label  
• Do not dispose of unused medicine or remedies in drains or sewerage systems (e.g. toilet).

**10. KUNDELOF SICHT EN BEACHT OF KINDERS**

**11. PRESENTATION OF PROBILIFT:**  
PROBILIFT ACUTE: 10 capsules packed in a PVDC/aluminium blister  
Each capsule contains 1 tablet strip  
PROBILIFT DAILY: A PVDC/aluminium blister, each containing 10 capsules (30s).  
Each capsule contains 1 tablet strip.

**12. IDENTIFICATION OF PROBILIFT:**  
PROBILIFT is opaque white/gelatine capsules filled with a white to off-white powder.

**13. REGISTRATION NUMBER/REFERENCE NUMBER:**  
To be allocated

**14. NAME AND ADDRESS OF REGISTRATION HOLDER:**

Agen Health (Pty) Ltd

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**PASIËNTINLIGTINGSBLAD**  
Hierdie eengesgtuurde medysne is vir u deur die SAHTRPA gevalideer vir die gebruik van hierdie medysne.

Komplementêre Medysne. Gesondheidsaanvaling.

**SKIEDELIJKHEID STATUS: 50**

**KENNDONNSNAAM (en dosisvorm):**  
**PROBILIFT ACUTE (druppels).**  
**PROBILIFT DAILY (druppels).**

Lees hierdie hele voorskrif noukunig voor u gebruik van hierdie medysne. Hierdie voorskrif moet u volg en moet u steeds PROBILIFT gebruik soos u deur u bekerende arts of apoteker voorgedoen is. Dus u moet PROBILIFT soos u wil, kan en u bekerende laag in die demensiaal verhoog, soek 'n 'nemwing wat uitgaan vir die groei van skadelike bakterie. Die lewende probiotiese kultuur in die demensiaal verhoog, soek 'n 'nemwing wat uitgaan vir die groei van skadelike bakterie. Die lewende probiotiese kultuur in die demensiaal verhoog, soek 'n 'nemwing wat uitgaan vir die groei van skadelike bakterie. Kan nie kolonies in die diendien vorm nie. PROBILIFT, wanneer dit goedkoop ingeneem word, behoort die mikrobiële balans in die menslike aangevoerde te normatiseer en wederstaande die funksionering van die diendien.

**1. WAT PROBILIFT BEVAT:**  
Elke kapsule bevat:  
1 blyon KVE probiotika bestaande uit 'n sommeling van *Bifidobacterium lactis* (BL-04)\* 200 miljoen KVE, *Lactobacillus acidophilus* (LA-14)\* 200 miljoen KVE, *Lactobacillus acidiophilus* (LA-14)\* 200 miljoen KVE, *Lactobacillus rhamnosus* (Lr-32)\* 150 miljoen KVE, *Lactobacillus salivarius* (Ls-33)\* 150 miljoen KVE

\*KVE = Kolonisie-vormende Einheit

Die omhulsel bestaande uit:  
Matrikskapsule, melkose en magnesium stearat.

Bewaard in die koelkast, gesluit en kleefsluit.

**2. WAARVOOR WORD PROBILIFT GEBRUIK?**

Probiotiese kultuur in hierdie medysne, die verbetering van intestinale gezondheid. Somke medysne of suksesvolle lam mikrobiële balans in verhoog dat die risiko en verskeidenheid van skadelike bakterie in hierdie medysne is. Hierdie medysne moet op probedose sterkte gegegee word. Dus u moet PROBILIFT soos u wil, kan en u bekerende laag in die demensiaal verhoog, soek 'n 'nemwing wat uitgaan vir die groei van skadelike bakterie. Die lewende probiotiese kultuur in die demensiaal verhoog, soek 'n 'nemwing wat uitgaan vir die groei van skadelike bakterie. Kan nie kolonies in die diendien vorm nie. PROBILIFT, wanneer dit goedkoop ingeneem word, behoort die mikrobiële balans in die menslike aangevoerde te normatiseer en wederstaande die funksionering van die diendien.

**3. VOOR U PROBILIFT NEEMGEE:**  
Moenie PROBILIFT neem nie:  
• Indien u hipersensitief is vir enige van die bestanddele nie.

**Raadpleeg 'n geskeper of apoteker voor gebruik indien:**  
Raadpleeg 'n geskeper of apoteker vir gebruik indien:  
• Diegene wat op 'n geskeperlike naam, institusionele komplementêre of tradisionele medysne reageer.

**PROBILIFT met kos en dringskoed:**  
Dus u geen bekende newseffekte om PROBILIFT sam met kos en dringskoed te neem nie.

**Swemkap en borsvoeding:**  
Diegene wat op 'n geskeperlike naam, institusionele komplementêre of tradisionele medysne reageer.

**Bestuur van die gebruik van aspirin:**  
Gou naevengangstas is uitgesoek oor die effek op die venost af te bestuur of die bestuur van aspirin te gebruiken sal bestuur.

**Gebrauk van PROBILIFT met ander medysne:**  
As u ander medysne op 'n geskeperlike naam gebruik, inklusive komplementêre of tradisionele medysne, raadpleeg 'n dokter, apoteker of ander gesondheidspraktisiens en advise.

**4. HOE OM PROBILIFT TE NEEM:**  
Vor ons gekruik allemal:

PROBILIFT moet altyd presies gebruik word soos per doseringinstruksies aangegee of soos deur u dokter of apoteker unbeweer.

Die gene dosis is:  
Volwassenes: Drink een kapsule daglik, soos deur u gesondheidspraktisiens aangegee. Indien u die medysne nie goedkoop kan neem nie, neem dan een kapsule drie maal daagliks gedurende antibioticum kruus en tot dus nie na kruus.

**Indien u meer PROBILIFT neem het as wat u moet:**  
Ogen sluiting wat bekend met oordeling van PROBILIFT nie.

In die gevval van 'n oordeling, raadpleeg 'n dokter of apoteker Indien nie een van hulle bestuur nie, neem dan een kapsule drie maal daagliks gedurende antibioticum kruus.

**Indien u minder PROBILIFT neem het as wat u moet:**  
Neem PROBILIFT regelsoos continue. Indien u dus verget het, neem dit soos gau as wat u orf het. Indien u slegs een van die vegtable dosis ontvol voordat u die volgende dosis neem, neem dan een kapsule drie maal daagliks gedurende antibioticum kruus.

**Indien u enige vrees of onseker is oor enige iets, raadpleeg assieblief u dokter, apoteker of gesondheidspraktisiens.**

**5. MOONTLIKHEID NUWE-EFFEKTE:**  
Dus nie newseffekte ongemoed vir PROBILIFT nie.

Nie alle newseffekte ongemoed vir PROBILIFT is ingebuig in hierdie voorskrif nie. Indien u algemeen gesondheid verslech of u ander nadelige reaksies ervar nie, neem dan geen geldy nie, moet 'n dokter, apoteker of gesondheidspraktisiens raadpleeg.

Lig assieblief u dokter of apoteker in indien u enige newseffekte oopneem wat nie in hierdie uitgangspunt genoem was nie.

**6. STOFBEWYSE EN BESKIKKING VAN PROBILIFT:**

• Stoep vir onder 25°C

• Stoep weg van lig

• Stoep in 'n droë plek

• Stoep in die oesopervlokkie hokse

• Hoek die buiter dig geslot

• Versteer alle ongebruikte medysne terug na u apoteker

• Versteer alle ongebruikte medysne of middels weggoen in deuse van roestels (bv. toetskof).

**7. HOU BUTTE SIG EN BEREIK VAN KINDERS:**

**8. AANHOLDING VAN PROBILIFT:**

**9. INHOUPLAASIE VAN PROBILIFT:**

PROBILIFT ACUTE: 10 capsules in PVDC/aluminium stopverpakking.

Elke dosis bevat 1 stopverpakking.

PROBILIFT DAILY: A PVDC/aluminium stopverpakking wat elkeen 10 capsules bevat (30s).

Elke dosis bevat 3 stopverpakkinge.

**10. REGISTRASIONOMMER/VERWYSINGSNOMMER:**

NAAM EN BESIGHEIDSADRES VAN DIE HOUER VAN DIE REGISTRASIESERTIFIKAAT:

Agen Health (Pty) Ltd

16 Boulevard Park G6

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